

3 EASY STEPS TO:

# Split Peas



1. Rinse split peas with water—no need to soak!
2. Combine split peas and water, bring to a boil.  
💧 *For every cup of split peas, use 2 cups of water.*
3. Simmer for 30 minutes.

**TIP:**  
¼ cup dry =  
½ cup cooked

For more tips and recipes, visit [Pulses.org](https://www.pulses.org)