3 EASY STEPS TO:

Lentils

1. Rinse lentils with water—no need to soak!

2. Combine lentils and water, bring to a boil.
   - For every cup of lentils, use 2.5 cups of water.

3. Simmer for 5-20 minutes until tender.

TIP: 
- ¼ cup dry = ½ cup cooked

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